

Useful Careers Resources Autumn '22

Joining YOUR DOTS inspires young people & families in career exploration, self-awareness & self-development. Choices about the future can be difficult, whether it's selecting a high school, GCSEs, Post-16 options or deciding to go to university. Preparing for a future career is not just about knowing what subjects you like or what kind of job interests you; it's also learning about the personal skills and how to make the most of opportunities. We hope our posts will help you join the dots so you can see the bigger picture.

<https://www.facebook.com/yourdots>



Unifrog is an online platform which brings together all the available careers and qualification information in to one user friendly platform that helps students make the best choices and submit the strongest applications. *Not sure how to use the Unifrog tools? Check out these handy How to guides filled with videos, screenshots, and advice...*

<https://www.unifrog.org/student/know-how/series-how-to>

unifrog

In PSHE Year 9 explored career opportunities within the NHS and designed an advert for the **Step into the NHS** Competition. If they, or any other students, would like to enter their design, they can do so here:

<https://www.stepintothensh.nhs.uk/secondary-schools>



Are you interested in a career in the NHS but do not know where to start? Try the Health Careers quiz - <http://orlo.uk/VZpQM>

This term we have welcomed BT, ESNEFT NHS, Ipswich Community Media, Suffolk Constabulary and Care Development East in for our lunchtime **Future Fridays** Talks. Next half term we will be joined by BDO Accountancy, LoveOne gift shop, Cadent Gas, WS Training and Fashion Candy Style.

Previous presentations and the timetable for the year is on the school website in the 'Future Fridays' tab.

<https://www.copleston.suffolk.sch.uk/page/?title=Careers+and+Work+Experience+advice&pid=85>



How Are We is a FREE app that makes it simple for us to share how we feel, empowering us to track and take

care of our wellbeing, continuously.



The app links directly to *How Mental's* platform for more support; bringing together knowledge & tools from across the mental health sector, all in one place.

<https://www.youtube.com/watch?v=kedIAVALqWY>

There's no sign-up required, Search 'How Are We' and download it from the App Store on iPhone.

Or, if you're on Android, sign up

here: <https://www.howmental.com/app>

DISCOVER!

creative careers

Creativity is around us wherever we look and it's not just for Christmas. The website **Discover Creative Careers** is a brilliant resource to explore roles that require creative skills. Take a look at:

<https://discovercreative.careers/#/>

With the World Cup fully under way, here's a little something the DfE's Education Hub has created to help you explore the different types of **careers in football**. ⚽

<https://educationhub.blog.gov.uk/.../how-can-you-kick.../>