Curriculum Map Subject: PHYSICAL EDUCATION (the following is an example map for a particular teacher. Variations are is use that may use different invasion/net activities, due to group capabilities, and a different pattern, due to facilities.)

Year Group: 7 & 8

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Content- WHAT will be learned? What previous learning can be linked? Why this order/sequence?	NETBALL 1. PASSING SKILLS – 2. MOVEMENT INTO SPACE – 3. Getting free – DODGING – 4. BASIC POSITIONS – HALF COURT 5. MOVEMENT OFF THE BALL 6. OVERLOAD GAMES 7. ASSESSMENT GAMES	FITNESS 1. Warm ups/stretches, 2 laps (timed) v plank 2. 2 laps (timed target), CV endurance circuit. 3. Timed run (5 minutes), Muscular endurance circuit. 4. Timed run (5 minutes), Plyometric Session – Power 5. Timed run (5 minutes) Balance/Flexibility circuit 6. Test – 2 lap run. Can you beat your time? 7. Recorded testing circuit for assessment: 8. Timed run (5 minutes) 9. Individual session if needed.	BASKETBALL 1. BALL HANDLING – 2. ATTACK THE BASKET 3. PASS & "CUT" 4. DEFENCE 5. HELP OFFENCE 6. RULES – POSITIONS 7. ASSESSEMNT DRILLS & GAMES	TABLE TENNIS 1. DEFENSIVE PUSH SHOT, BODY POSITION – flight familiarity 2. SERVING – back hand 3. LINE AND LENGTH – Directing 4. FOREHAND -changing stance 5. SINGLES RULES AND GAMES ASSESSMENT GAMES full if possible	ATHLETICS 1. THROWING EVENTS – Javelin, Discus, Shot 2. SPRINT EVENTS – Focussing on the 3. JUMPING EVENTS – High Jump and Long jump 4. RELAY – focusing on change over actions	STRIKING & FIELDING 1. THROWING AND RECEIVING, 2. THROWING AND RECEIVING, 3. BACKING UP – FIELDING TACTICS 4. BOWLING ACTION 5. BATTING ACTIONS 6. ASSESSMENT GAMES
Skills- What will be developed?	Passing and receiving Dodging to get into space Cutting Footwork skills (pivot)	Recording data Effects of exercise	Beat your defender Lay up Overload offence Defensive stance 1v1 Team defence	Basic defensive actions block, push Basic attacking shots Basic Serve	Grips, stance, throwing actions Start action and leg/arm drive Focussing on approach check marks take off action and flight Exchange up and down sweeps	Throwing Actions (opposition) Backing up Rounders, Cricket, and softball batting Positioning in the field
Key 'How'/'Why' Questions- What powerful knowledge will be gained? What areas/themes/concepts will be explored?	How to attack players at centre pass, How to use "Chain of passing" down court How – to create better space. Why - we use dodge, feint Why – we use space	How to ensure an effective warm up, How to exercise effectively to improve fitness How – to use basic principles of training. Why - we warm up Why – we need to exercise regularly	How to attack players to get closer to the basket How to cut to create space How – to defend effectively. Why - we use different passes Why – we use a lay up	How to move effectively How to create attacking opportunities How – to defend effectively. Why - we use backhand or forehand Why – we adopt a low stance	How to behave safely during the various athletics activities How to measure and record time effectively How to link events to components of fitness Why - we use specific techniques Why - we adopt a low stance	How to use various throwing actions with accuracy and required distance How to retrieve balls efficiently How to score and understand rules Why - we use specific techniques Why — we adopt correct positioning during games
SEND - how will support be seen? Seating plans? Simplified questions?	Modified equipment activities and games scenarios. Grouping with selected students. Open ended, personal success tasks.	Modified equipment activities and games scenarios. Grouping with selected students. Open ended, personal success tasks.	Modified equipment activities and games scenarios. Grouping with selected students. Open ended, personal success tasks.	Modified equipment activities and games scenarios. Grouping with selected students. Open ended, personal success tasks.	Modified equipment activities and games scenarios. Grouping with selected students. Open ended, personal success tasks.	Modified equipment activities and games scenarios. Grouping with selected students. Open ended, personal success tasks.
Assessment- What? Why?	Assessment Focus: • Spatial awareness • Passing into space Activity Knowledge test	Assessment: Fitness development Resilience Activity knowledge test	Assessment: Attacking the Basket Spatial awareness Activity Knowledge test	Assessment Focus: Positioning Consistency of shot Activity Knowledge test	Assessment: • Basic techniques • Distance and time related Activity Knowledge test	Assessment: • Fielding actions • Tactical awareness Activity Knowledge test
What memory for learning skills will be required- modelling? Concrete answers? Retrieval?	Modelling of the practical skills required. Repeated actions of passing and receiving. Highlighting positions, space and movement off the ball.	Modelling of the practical skills required. Repeated actions of passing and receiving. Highlighting positions, space and movement off the ball.	Modelling of the practical skills required. Repeated actions of passing and receiving. Highlighting positions, space and movement off the ball.	Modelling of the practical skills required. Repeated actions of passing and receiving. Highlighting positions, space and movement off the ball.	Modelling of the practical skills required. Repeated actions of passing and receiving. Highlighting positions, space and movement off the ball.	Modelling of the practical skills required. Repeated actions of passing and receiving. Highlighting positions, space and movement off the ball.
Literacy - reading, extended accurate writing and oracy opportunities	Super curriculum activities. Online homework quizzes	Super curriculum activities. Online homework quizzes	Super curriculum activities. Online homework quizzes	Super curriculum activities. Online homework quizzes	Super curriculum activities. Online homework quizzes	Super curriculum activities. Online homework quizzes
Numeracy/computing skills		Data recording Accurate Measuring			Data recording Accurate Measuring	
Character development			Resilience whilst working to Respectful to other when worki Itional to endeavour to achieve new Compassionate regarding others in	ng in a team and against others. ct level and be competitive in all ac		

Resourcefulness, applying the skills within the activities to achieve personal success

Equality/Diversity opportunities	Discussion points were relevant about elite athletes, historical context of the sport covered. Both male and female Role models and the diversity of disability spprty
Homework/Independent learning	Encouragement to attend extra-curricular sports activities Online homework quiz after each unit of work
CIAG coverage/links	Referencing to careers related to the activities being covered as appropriate. Discussion regarding sports careers during fitness programmes Highlight school display.

YEAR 7 TIMETABLE EXAMPLAR

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