



**KEY STAGE 3 PHYSICAL EDUCATION
CURRICULUM MAP**



Year 7: Acquiring and developing basics skills across the subject. Replicating sequences and creating personal response (the following is an example map for a particular teacher. Variations are is use that may use different invasion/net activities, due to group capabilities, and a different pattern, due to facilities.)

Term 1		Term 2			Term 3	
INVASION GAMES 1	NET GAMES	FITNESS	GYMNASTIC ACTIVITY	INVASION GAMES 2 & 3	ATHLETICS ACTIVITIES	STRIKING & FIELDING
<p>e.g.</p> <p>BASKETBALL</p> <ul style="list-style-type: none"> Spatial awareness, timing and accuracy of action in isolated practise and small sided/modified games activity 	<p>e.g.</p> <p>TABLE TENNIS</p> <ul style="list-style-type: none"> Basic skills and movements in isolation and small sided Basic rules and umpiring 	<ul style="list-style-type: none"> Warm up and cool down, short term changes to muscular, cv and respiratory system Induction into the fitness suite and safe use. The long and short term effects of exercise. 	<p>e.g.</p> <p>TRAMPOLINING</p> <ul style="list-style-type: none"> Replicating skills and creating sequences Working through the Trampolining levels of performance culminating in an 8 to 10 bounce routine at the students personal level 	<p>e.g.</p> <p>RUGBY OR HOCKEY</p> <ul style="list-style-type: none"> Spatial awareness, timing and accuracy of action in isolated practise and small sided/modified games activity Tactical aspects of the game. 	<ul style="list-style-type: none"> Experience and develop skills in the variety of athletics events Sprint, middle distance, Throws , jumps, hurdles (where appropriate) and relay. Peer assess and evaluate/coach each other. Measure and understand regulations 	<p>e.g.</p> <p>CRICKET</p> <ul style="list-style-type: none"> Basic skills and movements in isolation and small sided Basic rules and umpiring
<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Formal Knowledge Test 1 Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Formal Knowledge Test 2 Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification

YEAR 7 EXAMPLE CURRICULUM MAP FOR ALL GROUPS.

WED 1.1 FRI 1.1 WED 2.1	PE INTRODUCTION						OCT HALF TERM						XMAS BREAK						FEB HALF TERM						EASTER BREAK						MAY HALF TERM															
	ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE															
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6				
7X1	SY	Run	Volley	Handball	Run	Invasion Games SP Hall/Outside	Handball	Run	Handball	Run	Invasion Games SP Hall/Outside	Handball	Run	Handball	Run	Invasion Games SP Hall/Outside	Handball	Run	Handball	Run	Invasion Games SP Hall/Outside	Handball	Run	Handball	Run	Invasion Games SP Hall/Outside	Handball	Run	Handball	Run	Invasion Games SP Hall/Outside	Handball	Run	Handball	Run	Invasion Games SP Hall/Outside	Handball	Run	Handball	Run	Invasion Games SP Hall/Outside					
7X2	BT/RT	Run	Volley	Handball	Run	Basketball B Gym	Handball	Run	Handball	Run	Basketball B Gym	Handball	Run	Handball	Run	Basketball B Gym	Handball	Run	Handball	Run	Basketball B Gym	Handball	Run	Handball	Run	Basketball B Gym	Handball	Run	Handball	Run	Basketball B Gym	Handball	Run	Handball	Run	Basketball B Gym	Handball	Run	Handball	Run	Basketball B Gym					
7X3	JY/NU	Run	Volley	Handball	Run	Fitness Eleganza	Handball	Run	Handball	Run	Fitness Eleganza	Handball	Run	Handball	Run	Fitness Eleganza	Handball	Run	Handball	Run	Fitness Eleganza	Handball	Run	Handball	Run	Fitness Eleganza	Handball	Run	Handball	Run	Fitness Eleganza	Handball	Run	Handball	Run	Fitness Eleganza	Handball	Run	Handball	Run	Fitness Eleganza					
7X4	RS	Run	Volley	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside
7X5	EW	Run	Volley	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym
7X6	LO	Run	Volley	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Invasion Games Outside
SD		Run	Volley	Handball	Run	Outside	Handball	Run	Handball	Run	Outside	Handball	Run	Handball	Run	Outside	Handball	Run	Handball	Run	Outside	Handball	Run	Handball	Run	Outside	Handball	Run	Handball	Run	Outside	Handball	Run	Handball	Run	Outside	Handball	Run	Handball	Run	Outside	Handball	Run	Handball	Run	Outside

Main Hall is available Wednesday 1.1 (D3 possible swap with Year 11 & year 9 Dance on other 2 days)

MON 1.2 WED 1.2 WED 2.3	PE INTRODUCTION						OCT HALF TERM						XMAS BREAK						FEB HALF TERM						EASTER BREAK						MAY HALF TERM										
	ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE						ROOMS NOT AVAILABLE										
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5
7Y1	NU	Run	Volley	Handball	Run	Invasion Games SP Hall/Outside	Handball	Run	Handball	Run	Table Tennis	Handball	Run	Handball	Run	Table Tennis	Handball	Run	Handball	Run	Table Tennis	Handball	Run	Handball	Run	Table Tennis	Handball	Run	Handball	Run	Table Tennis	Handball	Run	Handball	Run	Table Tennis	Handball	Run	Handball	Run	Table Tennis
7Y2	SY	Run	Volley	Handball	Run	Basketball B Gym	Handball	Run	Handball	Run	Invasion Games	Handball	Run	Handball	Run	Invasion Games	Handball	Run	Handball	Run	Invasion Games	Handball	Run	Handball	Run	Invasion Games	Handball	Run	Handball	Run	Invasion Games	Handball	Run	Handball	Run	Invasion Games	Handball	Run	Handball	Run	Invasion Games
7Y3	RT JY	Run	Volley	Handball	Run	Fitness Eleganza	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall
7Y4	BT YE	Run	Volley	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym	Handball	Run	Handball	Run	Trampoline A Gym
7Y5	SD HH	Run	Volley	Handball	Run	Trampoline (AGYM)	Handball	Run	Handball	Run	Dance Eleganza	Handball	Run	Handball	Run	Dance Eleganza	Handball	Run	Handball	Run	Dance Eleganza	Handball	Run	Handball	Run	Dance Eleganza	Handball	Run	Handball	Run	Dance Eleganza	Handball	Run	Handball	Run	Dance Eleganza	Handball	Run	Handball	Run	Dance Eleganza
7Y6	LO	Run	Volley	Handball	Run	Invasion Games Outside	Handball	Run	Handball	Run	Dance Eleganza/Out	Handball	Run	Handball	Run	Dance Eleganza/Out	Handball	Run	Handball	Run	Dance Eleganza/Out	Handball	Run	Handball	Run	Dance Eleganza/Out	Handball	Run	Handball	Run	Dance Eleganza/Out	Handball	Run	Handball	Run	Dance Eleganza/Out	Handball	Run	Handball	Run	Dance Eleganza/Out
		Run	Volley	Handball	Run	Outside	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall	Handball	Run	Handball	Run	Sports Hall

Main Hall is available Wednesday 1.2 and Wednesday 2.3 (D3 possible swap with Year 13om Monday 1.2)

Year 8 Developing and applying skills across the subject. Replicating sequences and creating personal response
 (the following is an example map for a particular teacher. Variations are is use that may use different invasion/net activities, due to group capabilities, and a different pattern, due to facilities.)

Term 1		Term 2			Term 3	
INVASION GAMES 1	NET GAMES	FITNESS	GYMNASTIC ACTIVIY	DANCE	ATHLETICS ACTIVITIES	STRIKING & FIELDING
<p>e.g. HANDBALL</p> <ul style="list-style-type: none"> Spatial awareness, timing and accuracy of action in isolated practise and small sided/modified games activity 	<p>e.g. BADMINTON</p> <ul style="list-style-type: none"> Basic skills and movements in isolation and small sided Basic rules and umpiring 	<ul style="list-style-type: none"> Warm up and cool down, short term changes to muscular, cv and respiratory system Induction into the fitness suite and safe use. The long and short term effects of exercise. 	<p>e.g. GYMNASTICS</p> <ul style="list-style-type: none"> Replicating skills and creating sequences Working through the levels of performance culminating in a floor routine at the students personal level involving movement , travel balance support, 	<ul style="list-style-type: none"> Choreography and performance of Dance based on theme and motif. Use of space, dynamics, levels and group patterns. 	<ul style="list-style-type: none"> Experience and develop skills in the variety of athletics events Sprint, middle distance, Throws, jumps, hurdles (where appropriate) and relay. Peer assess and evaluate/coach each other. Measure and understand regulations 	<p>e.g. ROUNDERS</p> <ul style="list-style-type: none"> Basic skills and movements in isolation and small sided Basic rules and umpiring
<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Formal Knowledge Test 1 Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Formal Knowledge Test 2 Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification 	<p>Assessment:</p> <ul style="list-style-type: none"> Practical assessment against activity criteria as derived from the AQA GCSE PE specification

	DOOMS NOT AVAILABLE			Thurs 5 Sept					Thurs 12 Sep			Fri 13 Sept			Thurs 19 Sep			Thurs 26 Sep			Fri 27 Sept			Thurs 3 Oct			Thurs 10 Oct			Fri 11 Oct			Thurs 17 Oct			OCT HALF TERM						
	Thur 1.3	Thur 2.3	Fri 2.3	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	7	4	5	6	1	2	3	4	5	6	7				
9X4	NU	NU	NU	ASTRO						B GYM						PD DAY 3 Appraisal Review	S HALL A GYM			M HALL			M HALL			PD DAY 4 - Disaggregated																
9X5	BT	BT	BT	B GYM					FITNESS					FITNESS			SPORTS HALL			SPORTS HALL																						
9X6	RT	SD	LO	FITNESS					PD DAY 3 Appraisal Review					MAIN HALL			MAIN HALL			B GYM			SPORTS HALL																			
9X7	EW	EW	EW	SPORTS HALL					ASTRO					ASTRO			MAIN HALL			MAIN HALL																						

	DOOMS NOT AVAILABLE			Thurs 5 Sept					Thurs 12 Sep			Fri 13 Sept			Thurs 19 Sep			Thurs 26 Sep			Fri 27 Sept			Thurs 3 Oct			Thurs 10 Oct			Fri 11 Oct			Thurs 17 Oct			OCT HALF TERM						
	TUES 1.2	FRI 1.4	TUE 2.4	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	7	1	2	3	4	5	6	7	8	1	3	4	5	7	1	2	4	5	6	8	
9PG	NU	NU	NU	PD Day 2					HANDBALL					FOOTBALL					HANDBALL																							
9pg1	NU	NU	NU	SPORTS HALL					FIELD					SPORTS HALL					BADMINTON					SPORTS HALL																		
9pg2	YE	HH	YE	NETBALL					TABLE TENNIS					HOCKEY					TRAMPOLINING					TABLE TENNIS																		
9pg3	SY	JY	SY	COURTS					B GYM					AWA					A GYM					CLIMBING																		

	DOOMS NOT AVAILABLE			Thurs 5 Sept					Thurs 12 Sep			Fri 13 Sept			Thurs 19 Sep			Thurs 26 Sep			Fri 27 Sept			Thurs 3 Oct			Thurs 10 Oct			Fri 11 Oct			Thurs 17 Oct			OCT HALF TERM						
	Thur 1.2	Thur 2.4	Fri 2.4	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	7	4	5	6	1	2	3	4	5	6	7				
9Y1	YE	JY	LO	ASTRO					B GYM					B GYM																												
9Y2	RT	RT	RT	B GYM					FITNESS					FITNESS																												
9Y3	BT	NU	NU	A GYM					ASTRO					ASTRO																												
9Y4	EW	EW	EW	FITNESS					MAIN HALL					MAIN HALL																												
9Y5	RS	SD	SD	SPORTS HALL					ASTRO					ASTRO																												
9Y6	HH	YE	HH	ASTRO					SPORT HALL					SPORT HALL																												