

Dear Parents and Carers,

The PE department at Copleston were blown away by the positive attitude and effort demonstrated by students in PE over the last year whether in school or engaging in online PE challenges and lessons.

One of the main areas to celebrate was how students adapted to wearing Copleston PE kit to school on the days they have PE on their timetable. was incredibly beneficial to the smooth running of lessons and eradicated so many potential issues we face when dealing with students changing.

For this reason, the decision has been made that from **Wednesday 8<sup>th</sup> September** to continue to allow students in all year groups to come to school in PE kit on the days they have timetabled practical PE lessons. This includes those students studying GCSE PE and Year 7 students that are involved in Wednesday "WOW", sporting activities.

Changing facilities will still be available at the start and end of every PE lesson for any student needing to make themselves comfortable for the lesson or for the rest of their school day. In fact, we highly recommend that on PE days students are aware of the weather situation and bring a change of clothing should they become wet or over heated during PE.

The expectations will remain very clear and any non-compliance by students in meeting the standards of PE kit outlined will be dealt with by staff. PE staff will continue to initially communicate with students and parents/carers where any concern is identified, but where non-compliance continues then incremental sanctions in line with the school's behavior policy will be issued.

The current PE compulsory items are:

- Copleston Maroon PE polo shirt
- Copleston Maroon PE hoodie
- Either plain black shorts, trousers, or "sports" legging
- Non marking trainer for use in the sports hall
- **Finally, a reminder that all students in Year 7 and 8 require *football boots, shin pads and plain navy socks for their PE lessons* as well as any students in Year 9, 10, 11 who opt for the 3G activities during their PE programme.**

If there are any situations/circumstances that you feel warrant discussion, please contact your child's PE teacher or Leader of Learning during the start of term or contact me on the following email address: [johnyorke@copleston.suffolk.sch.uk](mailto:johnyorke@copleston.suffolk.sch.uk) .

I have included at the end of the letter the PE timetable to highlight when your child has PE lesson and therefore required to wear PE kit for the day:

We have been overwhelmed with student feedback in relation to how PE, physical activity, exercise and sport continues to support their physical, mental, social and emotional wellbeing and we look forward to supporting this further during the next academic year and broadening student opportunity and experiences through PE and school sport.

Yours sincerely,

Mr J Yorke

Head of Physical Education